

Baked Grilled Chicken Skewers

Raw chicken tenderloins
Bamboo skewers (soaked in water)
Any flavor of Kim's Gourmet Sauce

Coat chicken tenderloins with preferred sauce.
Skewer one or two tenderloins on to bamboo skewer (depending on size of skewer) and bake at 350 for 20-30 minutes (until chicken is solid in color) or grill for approximately 15 to 20 minutes
Serve over rice or with fresh steamed vegetables or both.