

Super Simple Party Wings

Frozen (or thawed) Chicken Wings

Deep Dish baking Pan

Kim's Gourmet Asian BBQ sauce - enough to coat wings

Coat wings with BBQ sauce.

Place in deep dish baking dish and bake at 375 (stirring wings to re coat as well as turn wings for even baking approx. every ½ hour) for 2 to 3 hours depending on intensity of oven. (if using a convection oven this should take approx. 1 hour).

Cooking these wings slowly gives you gooey flavorful wings with lots of the fat cooked off.