

Teriyaki Chicken

4 Boneless, skinless chicken breasts
3 Tsp sesame oil
3 Tsp minced fresh garlic
1 cup of Kim's Gourmet sauce of choice

Marinate breasts in Kim's sauce, garlic and sesame oil in zip-lock bag or sealed container. Make sure chicken is coated. You can marinate from 1 hr to 8 hrs.

Place chicken on grill that has been sprayed with cooking oil.
Grill on each side for approximately 6 to 8 minutes.